

Shore to Moor 200 - Routesheet. 21/07/19 8am

- KM **STAGE 1: Rolling Out.**
- 0.0 R onto main rd
- 0.4 R @ O pass B&Q
- 1.1 SO @ O (Tesco)
- 1.4 SO @ O (Greenhill Way)
- 1.9 R @ O (Fore Street)
- 2.3 SO @ O (Vicarage Hill)
- 2.6 SO @ O A383
- 2.8 SO @ O under A380 DC
- 3.0 Follow sps A381 **Teignmouth**
A379 thru **Teignmouth & Dawlish**
- 16.5 R sp Dawlish Warren **STOP-CHECKPOINT get Card stamped.**
- 20.6 R @ T A379 (**Cockwood**)
- 20.7 Imm L into New Road – follow to **Starcross**
L onto A379 (Courtenay Arms)
- 22.5 R @ fork sp Powderham, pass castle
- 27.4 R @ T A379
- 29.2 SO @ O Sannerville Way
R @ O (Matford) dual carriageway
- 33.2 SO @ Countess Weir O B3181
Follow signs B3181 **Pinhoe**
SO @ double O
- 40.3 L sp **Poltimore**
- 43.3 L @ X no SP
- 44.0 R @ Ratsloe (fire Hydrant – SP. Huxham, **STOKE CANON**)
- 46.0 L @ T (A396) into **Stoke Canon**
- 46.2** **STOKE CANON CONTROL in village hall on LHS (signs)**
REFRESHMENTS – Get card stamped.

KEY: @ - at
SO – Straight on / over
X – cross roads
O – roundabout
DC – Dual Carriageway
SP – Sign posted
Place names in **BOLD** are visited.

STAGE 2: Lumpy loopy lanes

- 46.4 R from control and next L by SPAR shop
- 46.6 R over Level Crossing into lane
Continue to A396 (**Ignore CTC direction arrows**)
- 49.9 L @ T (A396) – follow through Bickleigh to **TIVERTON**
SO at two O (SP. **Witheridge** B3137)
L @ Xrds SP
L @ O (SP. **Witheridge** B3137)
Continue through **Calverleigh**
- 72.5 L turn (Tidderson X) **STOP Info:Distance to Nomans Land**
- 76.1 Keep L @ Elworthy X
- 77.8 Keep L (SO) at Down X
Continue to STOP junction in **Witheridge**
- 80.9 L at T into village
Fork R - No SP then B3042 Thelbridge
Follow road to **Chawleigh**
- 93.9 L @ Hollow Tree Cross
- 96.9 SO at Xrds (A377 Eggesford) (Level Crossing)
- 97.4 L up steep hill – SP Garden Centre
FEED POINT but NO CONTROL
Retrace towards Eggesford to Cott X
L @ X SP. **WINKLEIGH**, Wembworthy
- 105.1 Follow road to X @ **Winkleigh**. (A3124)
SO through village.
- 105.6 L (eff.SO) into Hatherleigh Road.
- 78.7 Continue through **Inleigh Green**
- 109.6 L @ T at bottom of steep hill. (Hughball X)
Continue through **Monkokehampton**.
- 111.3 R by bench SP **Hatherleigh** 2.5
- 115.8 R At T in **HATHERLEIGH** (bottom of hill)
Continue to ONE MARKET ST.CAFÉ on L (Open
'til 2.30pm if closed us CO-OP or garage)
- 116K **CONTROL: Obtain stamp or receipt.**

Stage 3: Over the moors.

- 116.1 Retrace from café to O, A386
- 116.2 SO @ O (SP. Holdsworthy A3072)
- 116.3 Imm L (SP Northlew 4)
- 119.8 Fork L @ Lambert X (SP. Durdon 0.5)
- 122.0 L @ Durdon X (Stone cross) (SP.Okehampton 6)
- 122.1 R @ Homingdown X (SP. Higher Gorehuish)
- 126.9 L @ Kigbeare X (SP. Okehampton 3)
- 127.3 R @ main road A3079
- 128.1 L at Thorndon Cross
- 133.0 R @T Poole X (SP.**Bridestowe** 0.5)
- 133.4 Fork L into **BRIDESTOWE**
- 135.1 R (SP. Coryton) Metal signpost.
- 136.4 L @ T at end of valley (SP. **Lydford**)
- 139.1 Keep L by grass triangle
- 139.2 R at X into LYDFORD

INFO CONTROL. Name of house on R with white railings.

- Continue through village, descend and climb again'
- 141.8 Keep R over bridge. (Optional trail on L – gravel track)
 - 144.1 L on descent (**DON'T OVERSHOOT**) SP **North Brentor**.
 - 144.8 Follow lane R to **North Brentor**
 - 145.3 L by church (SP.**Mary Tavy**)
 - 148.9 R @ T A386 **Mary Tavy**
 - 151.9 L @ (Harford Bridge) (SP.Peter Tavy)
 - 152.1 R up hill after bridge (SP. Batteridge Hill.)
 - 154.5 L @ T (Moorshop)
- Follow road through Merrivale. (**CAUTION ON DESCENT**)
- 161.1 R @ Rundlestone (SP.**PRINCETOWN**)
 - 163.4 L @ O in **PRINCETOWN** to **CONTROL: Foxtor Café on RHS.**

Stage 4: The Home run.

- 163.5 R from control through village
- 165.9 R @ T (Two Bridges)
- 166.2 Fork L by grass triangle. (SP. **M'Hampstead** B312)
- 185.6 SO @ rbt into **MORETONHAMPSTEAD**
- 185.9 **STOP @ X – INFO CONTROL How long can you park for?**
- R @ X in **MORETONHAMPSTEAD** (A382)
- 196.8 L @ O into **BOVEY TRACEY**
- 197.0 R into Station Road – follow to O (FREE ROUTE TO FINISH)
- 198.1 L (1st Exit) @ O into Heathfield.
- 200.2 At A38 DC turn R onto cyle track.
- 201.5 Left using bridge and crossings over Drumbridges to A382
- 205.5 Left @ O descend and the R @ O
- 207.2 SO @ O and in 300m L into Wharf Lane
- 207.6 **ARRIVEE – Collapse – sign card, get validated WELL DONE.**