

# Shore to Moor 200Km 2018

## Riders Information Sheet.

In support of ROWCROFT HOSPICE



**START: 15th July 2018 Time: 08:00 GR: SX865717**

Welcome to this year's new event: The following information should help you complete your enjoyable day out on the bike with CTC Devon.

**START:** The HQ for the event is at Pro Cycle Centre, Wharf Road, Newton Abbot. TQ12 2DA. Very limited FREE Parking available there, and further parking in the nearby public Car Park in Osborne Street – signs direct you from start. (FREE on Sundays!) There will be Tea/Coffee available free at the Start. At the finish there will be Tea/Coffee/Cakes available at the PCC. START TIME FOR THE 200Km TORPLEX ride is 8.00am (distance 207Km)

**CONTROLS:** There are several control points along the way where you should obtain a stamp on your Brevet card as proof of passage. Dawlish Warren is a manned checkpoint, and at Stoke Canon there is a manned control with refreshments provided, and Foxtor Café in Princetown is a control with refreshments and you have a £2 VOUCHER towards drinks/snacks. The Hatherleigh check is a garage/shop so you will need a proof of passing, e.g. shop receipt./ cash point receipt. Other controls (Tidderson Cross, Lydford, Moretonhampstead) require you to obtain some information to add to your card – information is on the route sheet! It was difficult to find any food stops in Mid Devon, so we have routed the event to Eggesford Garden center who will have snack and drinks available. There is no control here so you don't have to visit the center, but there is only a COOP and garage open at Hatherleigh and it's a fair haul to Princetown.

**PREPARATION:** Although we will feed you at Stoke Canon, you must be self-sufficient on an Audax ride. Ensure you carry enough liquid, food rations, and spare tubes and repair kits, pump, and a basic tool kit, and be able to use it. In a real emergency we may be able to help get you home. There are trains from Eggesford back to Newton Abbot. You MUST carry waterproofs and some warmer clothing, weather can change rapidly over Dartmoor. Mudguards recommended but optional. Faster riders will complete the event in just over 8 hours – NOTE: This is not a race, the route is hilly with lots of navigation, and exposed sections – pace yourself and enjoy the finish.

**MAPS/ROUTE:** A route sheet is provided – it's fairly comprehensive. GPX will be available for GPS units, - you are advised to carry a paper map for reference in case you need it (flat battery/lost route sheet?). There may be a few arrows guiding you to and from Control points, but in general the idea is for you to navigate your way around the course. NOTE: Choice of alternative routes to Newton Abbot after Bovey Tracey.

**SAFETY:** As always follow the Highway Code – try to avoid riding in very large groups, and never more than two abreast. There are some descents that require caution, take care not to overshoot the left turn after Lydford to North Brentor! Caution is required on the descent at Merrivale and there are steep fast descents and cattle grids on the road to Moretonhampstead. Roads were generally not bad on the recce. ride, but several lanes had deep deposits of gravel, and there are a few holes to watch out for.

**EMERGENCY:** Emergency contact Numbers: ORGANISERS MOBILE: 07889-964101  
Pro Cycle Centre: 01626-438353 Please let us know if you pack the ride.

**SPONSORSHIP:** This year we are supporting the Rowcroft Hospice in Torquay, who looked after a lady member of the CTC who sadly passed away. If you would like to get sponsored for this year's event, please use the Sponsorship form on the website, or posted to you, or consider making a donation.

Thank you for reading this – Enjoy your ride and return home safely!  
Graham Brodie. Event organiser. "Homelands", 10, Courtenay Road, NEWTON ABBOT. TQ12 1HP.  
01626-335139 / 07889-964101 [www.shoretomoor.org](http://www.shoretomoor.org)