



DEVON DELIGHT 2017 Riders Information Sheet.



In support of



rowcroft
hospice

**START: 16th July 2017
09:00**

Welcome to this year's AUDAX event: The following information should help you complete your enjoyable day out on the bike with CTC Devon.

START: The HQ for the event is at the Pro Cycle Centre, Wharf Road,, Newton Abbot. TQ12 2DA. Limited FREE Parking available there, and there is a large public Car Park in Osborne Street close by – see map on website. (FREE Parking on Sundays!) The building has toilets, and there will be Tea/Coffee available free at the Start. At the finish there will be Tea/Coffee and a cream tea and cakes! **START TIME FOR THE 100Km Devon Delight is 9.00am (distance 108Km)**

CONTROLS: There are several control points along the way where you should obtain a stamp on your Brevet card as proof of passage. Dawlish Warren is a manned checkpoint, and at Stoke Canon there is a manned control with refreshments provided. Other controls (Ashcombe, Thorverton, and Crediton) require you to obtain some information to add to your card – information is on the card! **STOP** and note the info.

PREPARATION: Although we will feed you at Stoke Canon, you must be self sufficient on this ride. Ensure you carry enough liquid, food rations, and spare tubes and repair kits, and a basic tool kit, and be able to use it. In a real emergency we may be able to help get you home. You should also carry waterproofs, and spare clothing to allow for changes in the weather. Faster riders will complete the event in just over 4 hours – **NOTE:** This is not a race, and you should not arrive at the finish before 13:10.

MAPS/ROUTE: A route sheet is provided – it's fairly comprehensive. GPX files are available for GPS units, - you are advised to carry a paper map for reference in case you need it (flat battery/lost route sheet?). There may be a few arrows guiding you to and from Control points, but in general the idea is for you to navigate your way around the course.

SAFETY: As always follow the Highway Code – try to avoid riding in very large groups, and never more than two-abreast. There are some descents that require caution, and there will be deposits of sand and gravel in lanes. Particular care required near Gappah, and lanes from Huxham to Stoke Canon. Note also major roadworks along Bridge Road in Exeter, which include temporary surfaces and diversions on the cycle lanes.

EMERGENCY: Emergency contact Numbers: ORGANISERS MOBILE: 078899 64101
Pro Cycle Centre: 01626-438353. Please let us know if you pack the ride.

SPONSORSHIP: This year we are supporting the Rowcroft Hospice in Torquay, If you would like to get sponsored for this year's event, please use the Sponsorship form on the website, or posted to you, or consider making a donation.

www.rowcrofthospice.org.uk

Thankyou – Enjoy you ride, and return home safely!

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www.ctcdevon.co.uk www.devondelight.org

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